
Mark M. Leyngold, M.D.



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Biographic Information

Date of Birth	Birthplace City	Birthplace country	Citizenship	Sex
07/19/79	Moscow	Russian Federation	US	M

Title and Employer

Co -CEO Leyngold Institute for Plastic Surgery, PLLC Associate Professor of Plastic Surgery Idaho College of Osteopathic Medicine	09/2021 -Present
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Associate Professor of Surgery Division of Plastic and Reconstructive Surgery University of Florida College of Medicine	July 2014 - Jan 2022
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Education/Training

Fellowships

Body Contouring/Aesthetic Surgery University of Florida College of Medicine 07/2013- 06/2014
Division of Plastic and Reconstructive Surgery

Microsurgery, Breast and Head and Neck Reconstruction Vega Plastic Surgery, 07/2012-06/2013
Rochester, NY
Preceptor: Stephen Vega, MD

Residency

University Medical Center: University of Nevada School of Medicine
Integrated Program in Plastic and Reconstructive Surgery 07/2006-06/2012
Las Vegas, NV

Medical School

Florida State University College of Medicine M.D. 05/2002-05/2006

Undergraduate

Florida State University B.S. in Biochemistry 01/2000-12/2001

Awards and Honors

2021 Promoted to Associate Professor of Surgery, UF Division of Plastic Surgery

2019 ASOPRS Research Award

2017 Patient Customer Service Award

2017 SESPRS panel: "Just the Facts"

2011-12 Chief Resident UNSOM Division of Plastic Surgery

2009 Highest Senior Resident Absite Score Award

2007 Highest Junior Resident Absite Score Award

2007 Intern Certificate Award

1997 Art Show Display in the Vandroff Gallery of the Jewish Community Alliance

Board Certifications:

Board Certified by the American Board of Plastic Surgery (ABPS) 2015 - present

Publications

Herremans KM, Cribbin MP, Riner AN, Neal DW, Hollen TL, Clevenger P, Munoz D, Blewett S, Giap F, Okunieff PG, Mendenhall NP, Bradley JA, Mendenhall WM, Mailhot-Vega RB, Brooks E, Daily KC, Heldermon CD, Marshall JK, Hanna MW, Leyngold MM, Virk SS, Shaw CM, Spiguel LR. Five-Year Breast Surgeon Experience in LYMPHA at Time of ALND for Treatment of Clinical T1-4N1-3M0 Breast Cancer. *Ann Surg Oncol*. 2021 Oct;28(10):5775-5787. doi: 10.1245/s10434-021-10551-8. Epub 2021 Aug 7. PMID: 34365563.

Herremans KM, Cribbin MP, Riner AN, Neal DW, Hollen TL, Clevenger P, Munoz D, Blewett S, Giap F, Okunieff PG, Mendenhall NP, Bradley JA, Mendenhall WM, Vega RB, Brooks E, Daily KC, Heldermon CD, Marshall JK, Hanna MW, Leyngold MM, Virk SS, Shaw CM, Spiguel LR. ASO Visual Abstract: A 5-Year Breast Surgeon Experience in LYMPHA at Time of ALND for Treatment of Clinical T1-4N1-3M0 Breast Cancer. *Ann Surg Oncol*. 2021 Oct 16. doi: 10.1245/s10434-021-10648-0. Epub ahead of print. PMID: 34655351.

Tosan Ehanire MD, Haley M Oberhofer MS **Leyngold MM** "A Comparison between AbdominalBased and Inner Thigh Based Free Flaps in Breast Reconstruction: A Single Surgeon's Experience" *Journal of Plastic, Reconstructive & Aesthetic Surgery*. In Press October 21, 2021

Mustafa Chopan MD, Jessica Ching MD **Leyngold MM** "Successful Microsurgical Scalp Replantation Utilizing Loupe Magnification". *Journal of Craniofacial Surgery*. July 8, 2021

Rachel Cohen-Shohet MD., Mariel McClaughlin B.S., Brooke Porter B.S., **Leyngold MM** "Safety of Coupled Arterial Anastomosis in Autologous Breast Reconstruction" *Journal of Reconstructive Microsurgery*. 2021 Feb; 37(2): 132-135

Leyngold MM, Katz AJ. Book Chapter 5. "Surgical Principles: Grafts, Flaps, Microsurgery" *Plastic Surgery: A Practical Guide to Operative Care*. Edited by Bruce A Mast MD Jan 2021

Leyngold MM, Book Chapter 42. "Lower Extremity Reconstruction" *Plastic Surgery: A Practical Guide to Operative Care*. Edited by Bruce A Mast MD Jan 2021

David Kerekes, MD., **Leyngold MM**. Book Chapter 3: "Principles of Neurotization, Peripheral Nerve Transfers, and Nerve Regeneration" pp 35-44 *Techniques in Corneal Neurotization* Edited by Ilya M Leyngold, MD., Andrea Kossler, MD., Michael Yen, MD., Nov 2020

Leyngold, Ilya M. M.D; Yen Michael T. M.D., **Leyngold, Mark M.** MD "Minimally Invasive Corneal Neurotization With Acellular Nerve Allograft: Surgical Technique and Clinical Outcomes: Ophthalmic Plastic and Reconstructive Surgery. April 2019, Volume 35 (2) p 133-140

Leyngold MM. "Unilateral DIEP is Superior to Unipedicle TRAM in Properly Selected Patients, and the Pedicled TRAM Should No Longer Be Done" *Annals of Plastic Surgery*. June 2018 Volume 80, Supplement 6, S418-420

Tosan Ehanire, MD; Bruce Mast MD; **Leyngold MM.** “Safety of Microsurgery Under Loupe Magnification: Head to Head Comparison and Outcome Analysis of Free Flap Reconstruction Between Two Surgeons with Similar Experience” *Annals of Plastic Surgery*. June 2018 - Volume 80 - Issue 6S. p S340–S342

Buchanan P., **Leyngold M.**, et al. “Extensively Drug-Resistant (XDR) *Pseudomonas aeruginosa* Sternal Osteomyelitis: Suggested Reconstructive Approach, and Novel Optimization of Antimicrobial Therapeutics” *Infectious Diseases in Clinical Practice*. January 2018 – Volume 26 -Issue 1- p11-15

Leyngold IM, Weller C., **Leyngold MM** “Endoscopic Corneal Neurotization: Technique and Initial Experience” *Ophthalmic Plast Reconstr Surg*. 2018 Jan/Feb;34(1):82-85

Coady L., **Leyngold MM.** James McGuire., et al. “Assessment of Free Flap Breast Reconstructions” *Federal Practitioner Journal*. 2017 Sep p 33-3

Leyngold I, Weller C, **Leyngold MM**, et al. Endoscopic Corneal Neurotization: Cadaver Feasibility Study. *Ophthalmic Plastic and Reconstructive Surgery*. May 2017; Pub Med ID: 28472009

Buchanan, Patrick MD, **Leyngold, MM**, Mast, Bruce MD. "Bipolar Latissimus Dorsi Transfer for Restoration of Pectoralis Major Function in Poland's Syndrome" *Annals of Plastic Surgery*. 2016 Jan; 77(1): 85-9

Leyngold MM, Riverra-Serano C. "Microvascular Penile Replantation Utilizing Deep Inferior Epigastric Vessels" *Journal of Reconstructive Microsurgery*. 2014 Oct; 30(8):581-584

Leyngold MM, Stutman R. L., Khiabani K. T., Shah H., Fong E., Ho, C.-H. and Zamboni W. A. (2012), "Contributing Variables to Post Mastectomy Tissue Expander Infection" *The Breast Journal*, 18: 351–356.

Leyngold MM, Leyngold, Ilya MD; Letourneau, Peter R. MD; Zamboni, William A. MD, FACS; Shah, Himansu MD, FACS et. al "Basal cell carcinoma and rhinophyma". *Ann Plast Surg*. 2008 Oct; 61(4):410-2

Leyngold MM. Founding Author. In *First Aid Q&A for the USMLE Step 1*, edited by Le T, Klein J, Shivaram A, et al. 2006

Leyngold, MM., chapter author. In *USMLE Rx Step 1 Online Test Bank*, at www.USMLERx.com edited by Le T, Klein J, Shivaram A, et al. 2006

National & Regional Scientific Meetings Presentations

Leyngold MM "Outcomes Analysis of Textured Versus Smooth Tissue Expanders in Breast Reconstruction: A 5-Year Retrospective Review" ASPS Meeting October 2021

Rachel Cohen-Shohet MD., Mariel McClaughlin B.S., Brooke Porter B.S., **Mark Leyngold MD** "Safety of Coupled Arterial Anastomosis in Autologous Breast Reconstruction" ASRM Meeting, January 2020

Leyngold MM "Innovations in Autologous Breast Reconstruction" Florida Society of Plastic Surgery Meeting, December 2019

Roshni Ranjit-Reeves¹, Julie Woodward¹, Ilya Leyngold, **Mark Leyngold** "A Novel Technique to Prevent Pixie Ear Deformity in Facelift Patients". *Cosmetic Surgery Forum* 2018

Leyngold MM. "Unilateral DIEP is Superior to Unipedicle TRAM in Properly Selected Patients, and the Pedicled TRAM Should No Longer Be Done" Just the Facts Panel, SERPRS2017
"Reconstruction Between Two Surgeons with Similar Experience" Podium Presentation SESPRS 2017

Leyngold IM. Kumar, N, **Leyngold MM**. One-Stage Periorbital Wound Reconstruction Using Integra Bilayer Matrix Wound Dressing. Abstract presentation, Ojai, CA, ASOPRS Spring Meeting, 2016

Leyngold MM. MACS facelift experience. SESPRS Meeting. June 2014

Leyngold IM, Berbos Z, McCann JD, **Leyngold MM**, Anderson RL. Press-Egress Technique. ASOPRS Spring Meeting. May, 2011

Posters

Elizabeth Di Valerio, Jacob Carlson, MD **Leyngold MM** “Outcomes Analysis of textured versus smooth tissue expanders in breast reconstruction: A 5-year retrospective review” SESPRS Meeting 2021

Tosan Ehanire, MD; Haley Oberhofer BS, **Leyngold MM** “A Comparison between Abdominal Based and Inner Thigh Based Free Flaps for Breast Reconstruction: A Single Surgeon Recent Experience” ASRM Meeting 2019

Mariel McLaughlin BS, Rachel Cohen-Shohet MD, Brooke E Porter BS, **Mark Leyngold MD** “Safety of Coupled Arterial Anastomosis in Autologous Breast Reconstruction” SESPRS Meeting 2019

Buchanan P., Spiguel L., **Leyngold MM** “Oncoplastic Breast Reduction: A Novel Technique for Immediate Areola Reconstruction”. SESPRS meeting 2018 and UF Research Day 2018

“Basal cell carcinoma and rhinophyma” on Resident Research Day, 2007

Grand Rounds & Lectures

Leyngold MM “Sternal and Chest Wall Reconstruction. UF Division of Plastic Surgery Educational Conference. June 2021

Leyngold MM. “Nasal Reconstruction”. UF Division of Plastic Surgery Educational Conference. July 2020

Leyngold MM. “Lower Extremity Flaps for Breast Reconstruction” Presented during 6th Annual Oncological Reconstruction and Microsurgery Course. December 7, 2019

Leyngold MM. Lecture on Breast Reconstruction. UNLV Division of Plastic Surgery Visiting Professor. October 2019

Leyngold MM. Lecture on Breast Augmentation. UF Division of Plastic Surgery Educational Conference. January 19, 2018

Leyngold MM. Lecture on Abdominoplasty and Brachioplasty. UF Division of Plastic Surgery Educational Conference. January 19, 2018

Leyngold MM. Lecture on Wound Healing for UF medical students. September 2016 - (4 times/year)

Leyngold MM. Lower Extremity Reconstruction. UF Department of Surgery Grand Rounds.

February 2016

Leyngold MM. Comprehensive Breast Reconstruction. UF Department of Surgery GrandRounds. Sep 2014

Leyngold MM. “Contributing Variables to Post Mastectomy Tissue Expander Infection”(Resident Research Day, 2nd place), 2010

Research Experience/Interests

Loupes only microsurgery
(Retrospective chart review of own cases) Completed

Breast Microsurgical Data Base Analysis
(DIEP, SIEA, TUG, SGAP) for breast reconstruction 2014 - Present

Oncoplastic Breast Reduction Techniques and
Experience 2014 - Present

Independent Research (University of Nevada School of Medicine) Sep. 2009-2010
Effect of Hyperbaric Oxygen on expression of CDC-42 G protein William
Zamboni,MD in Ischemia Reperfusion Injury in Rat’s Gracilis Muscle Flap;
Basic Science Animal model

Clinical Interests

Breast Reconstruction/Aesthetic Breast Surgery
Aesthetic/Body Contouring Surgery
Closed Rhinoplasty

Teaching Activities

Clinical Instructor for UF medical students, residents, and fellows
Associate Professor of Surgery at University of Florida School of Medicine

Examiner for Medical Students Surgery Clerkship
Microsurgery lab organizer/ instructor for residents July 2014 -Jan 2022
Medical Students Surgery Rotation Small Group Leader 2014 – Present Oral
Medical student suture lab instructor 2014 - Present
2015- present
2014, 2015
2015, 2016, 2019

Biomet Cadaver Head and Neck Dissection Course
Stryker Cadaver Craniofacial Course (Miami, FL)

October 2014
August 2012

Committees

ASPS Wellness	2020 -
UF Breast Leadership Group	Present
SESPRS Bostwick Resident Competition Review Committee	
PSITE (Plastic Surgery Inservice Exam) Committee	2016-2022
YMG (Young Microsurgery Group)	2017 - 2022
Evaluation Committee for UF Integrated Plastic Surgery Program	2017 -2022
Quality and Outcomes Committee for Shands Hospital, Gainesville, FL	2017- 2022
	2014 – 2022
	2014 – 2022

Editorial Boards

Reviewer for Journal of Reconstructive Microsurgery	2020 -2022
Reviewer for Annals of Plastic Surgery Journal (Breast Reconstructive Section)	2015 - 2022
Reviewer for Federal Practitioner Journal	2017 - 2022

Leadership

UF Health Breast Program Leadership Group, Medical Director UF
Health Springhill Clinic, CEO Leyngold Plastic Surgery

Meeting Panels

SESPRS Panel: “Just Facts”; DIEP vs Pedicled TRAM discussion	June 2017
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Foreign Languages

Russian (spoken and written fluently)

Hobbies

Fitness, Drawing/Painting, Nutrition, Health and Science, Weight-Lifting, Movies, NPC Classic
Physique Competitor

Memberships

American Society of Plastic Surgery (ASPS)
Mountain West Society of Plastic Surgeons
Aesthetic Society (ASAPS)

Other

UF Health YouTube Video on Bonnie’s Breast Cancer Journey. Video that discusses UF approach to

breast cancer treatment featuring one of my breast reconstruction patients

UF health commercial on breast cancer treatment.

May 2017

Bull, R., "A Dose of Reality", Jacksonville Times –Union, Lifestyle, August 20, 2002, pp C-2,C-3
(A newspaper article describing my academic and personal accomplishments)

Rutland, M., "Jacksonville victim rebuilding life after attack during robbery in 2006, although scars remain for now" Florida Times-Union Newspaper article, May 24, 2014 (article written on one of my nasal reconstructive patients)

